

CAREGIVERS CENTER

Organization: Caregivers Center

Organization URL:

<https://www.matherhospital.org/>

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The Caregivers Center at Mather Hospital provides free, comprehensive support services for family caregivers of hospital patients and community members. Located in the main lobby, the Center offers expert guidance on healthcare navigation, advance directives, and community resources, while providing a peaceful space to rest and recharge with amenities like snacks and printing services. Caregivers receive personalized assistance managing family challenges and can access ongoing post-discharge support through regular check-ins for as long as needed, ensuring they feel confident and supported in their caregiving role at home.

