

MENTAL HEALTH SERVICES AND COUNSELING

Organization: Port Jefferson Library

Organization URL:

<https://portjefflibrary.org>

Address: 100 Thompson Street, Port
Jefferson, NY 11777

Email: info@portjefflibrary.org

Phone: 1-631-473-0023

Get help with feelings of anxiety, depression, chronic stress and more. Receive individual and confidential counseling and support. Mental health is vital to a healthy outlook, no issue is too small or unimportant. Support is for all ages and is through Port Jefferson Free Library.

